



Patient Information Leaflets Supporting Women

Reaching out for support after a traumatic life event can be difficult. Women need to know that they can trust the information they give will be protected, in some cases may wish to remain anonymous.

Once this first hurdle is overcome and contact is made with support agencies, most women feel a sense of relief, because someone is there to help them.

If you just want to chat, speak to others in similar circumstances as yourself, or need counselling and therapies, the groups provided on this leaflet may be able to assist.

These nationally and locally based support groups have years of experience in supporting women, for many different reasons including:

- Domestic violence
- Emotional abuse
- Addictions
- Financial Issues
- Sexual Assault
- Mental Health
- Childcare and Parenting

During your time in police custody, you were seen by a Health Care Professional from Mitie Care & Custody.

After you have been released from custody, if you are prescribed any medications by your GP, you should continue to take these as you would do usually, unless the Health Care Professional has advised you differently.

Contact Numbers

National Support Groups:

Woman's Trust
recovery from domestic abuse
0207 034 0303
www.womanstrust.org.uk

Women's Aid
until women & children are safe
info@womensaid.org.uk
www.womensaid.org.uk

The Black, African and Asian Therapy Network
administrator@baatn.org.uk
www.baatn.org.uk

Women's Resource Centre
Support and information
0207 397 3450
admin@wrc.org.uk
www.wrc.org.uk

Patient Confidentiality

Information held by Mitie Care & Custody about our patients is treated in strict confidence, in accordance with our Data Protection, Caldicott and Confidentiality Policy.



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