



Liaison Psychiatry

Your Health Care Professional has suggested that you see a member of the Liaison Psychiatry Team.

How can the Liaison Psychiatry Team help me?

The Team provides a health service for patients and specialises in mental health care. The team looks after patients at hospital out patient clinics, accident & emergency wards and in patient clinics. It provides a link between physical and psychological health care.

The Liaison Psychiatry Team is a friendly team which is made up of professionals with wide experience in the field of mental health. They will ensure that you are treated with dignity and respect, whatever your reason for meeting with them.

You may bring a carer or relative with you if you wish whenever you visit a member of the Liaison Psychiatry team.

What the Liaison Psychiatry Team will do for you

- ✓ Offer you a detailed assessment of your emotional, psychological and social needs
- ✓ Give you time to discuss your problems with a nurse, doctor or social worker who specialises in mental health (mental health practitioner)
- ✓ The mental health practitioner will spend time listening to you about your difficulties; he or she will try to understand them further by asking you about your emotional and physical health, your family and home circumstances and your past.
- ✓ This professional will help you work through what further help you may need to put together a care plan.

This may mean referring you to counselling, to a specialist team or admission to hospital

- ✓ The professional will also tell your GP about your agreed care plan.

Facts

Mental health conditions are very common:

- 1 in 4 people suffer from some form of mental health condition during their lifetime.
- The Liaison Psychiatry has hundreds of referrals to its service every year. Its team cares for people with a wide range of mental health issues like:
 - Relationship difficulties
 - Bereavement
 - Anxiety
 - Depression
 - Memory Problems, and
 - Self harm
- 2 out of 3 older people admitted to a general hospital have or may develop mental health issues during their admission.

Helpful Numbers and Websites

Samaritans

For those experiencing despair, distress or suicidal feelings:

Tel: 116 123

www.samaritans.org

MIND

Helping people to understand mental health

Tel: 0300 123 3393 - 9am to 6pm - Mon to Fri

www.mind.org.uk

Citizen's Advice Bureau

Free advice to help people solve legal, financial and other problems

Tel: 0800 144 8848 England Advicelink

Tel: 0800 702 2020 Wales Advicelink

www.cwcab.org.uk

CRUSE Bereavement Care

Adults Tel: 0808 808 1677

Young People Tel: 0808 808 1677

www.crusebereavementcare.org.uk

Relate, the Relationship People

Tel: 0300 003 1781

www.relate.org.uk

FRANK



Confidential drugs advice

Call: 0300 123 6600

Call FRANK 24 hours a day, 7 days a week

Text: 82111

Text a question and FRANK will text you back

Drinkline National Alcohol Helpline
Alcohol Counselling and Information

Tel: 0300 123 1110

Alzheimer's Society

Helpline 8am to 10pm every day (except Christmas day) 0330 333 0804

www.alzheimers.org.uk

Patient Confidentiality

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